



About Love

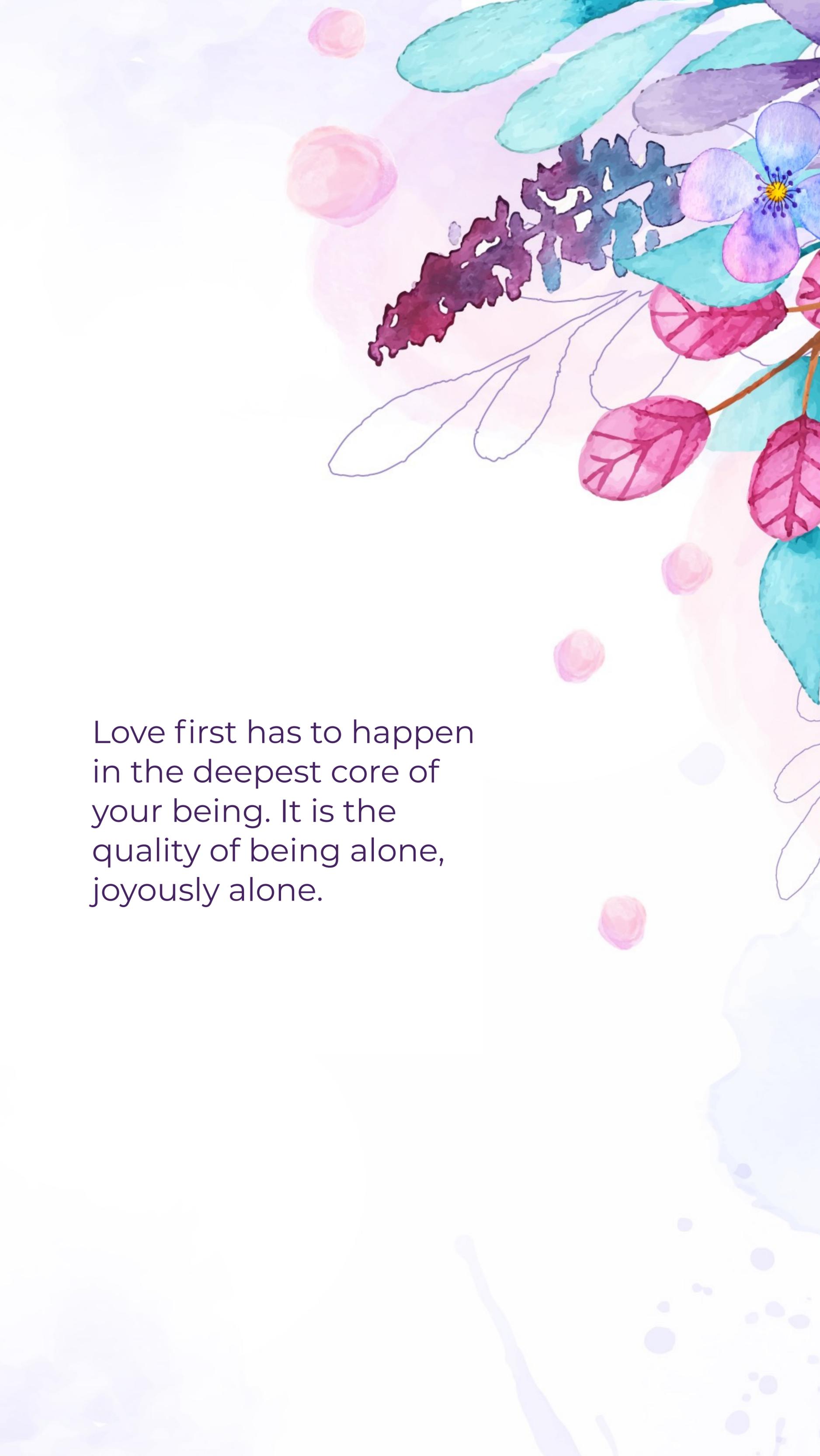


I'm obsessed with Love,
the real one, Rumi's one.

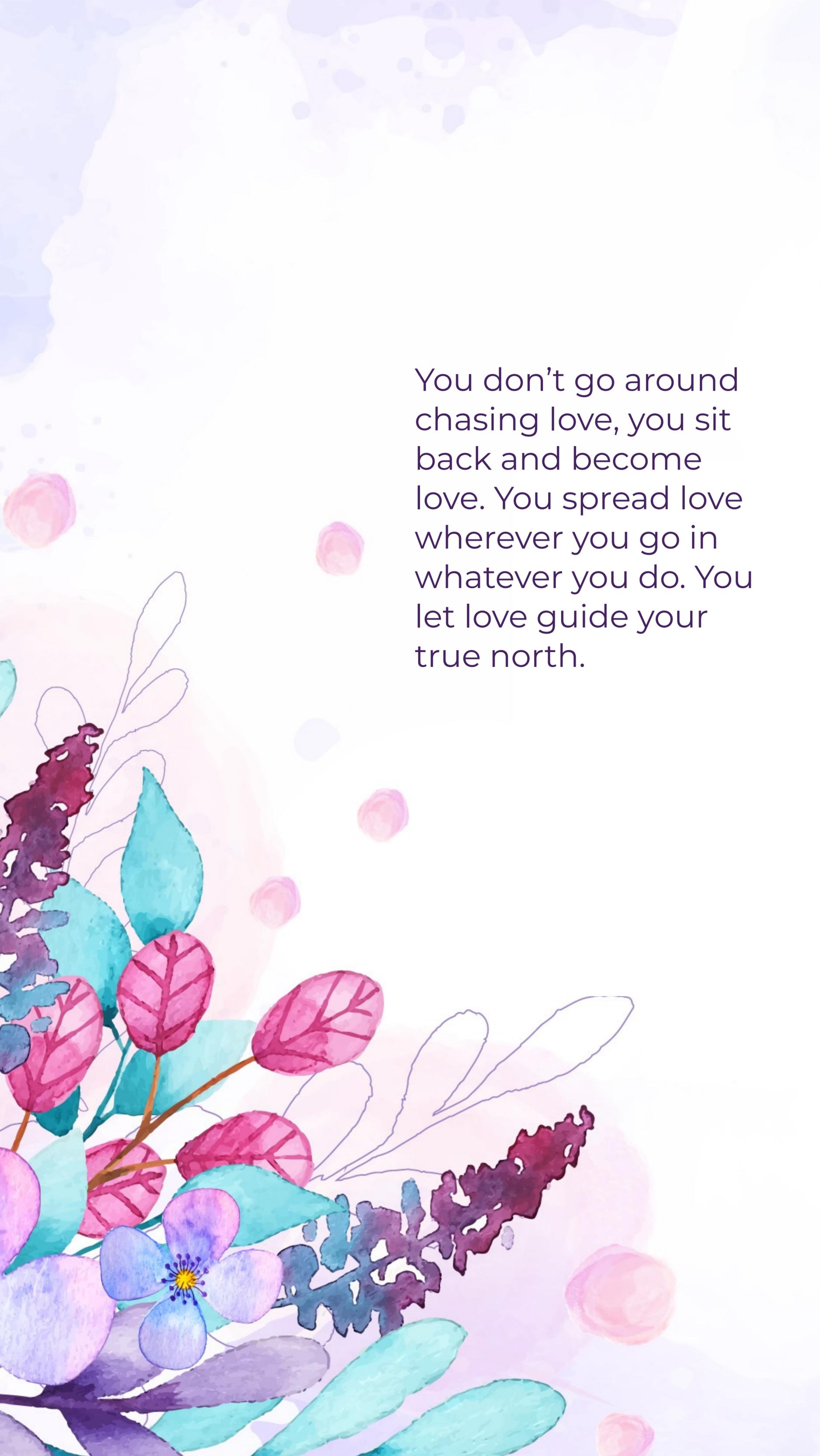
Love goes beyond the
concepts that society
promotes, and in this
little tiny ebook, I share
the wisdom that I have
gathered through all
these years in my
journey to LOVE.



When we understand
that love, calm,
happiness, and well-
being don't come from
outside but from inside,
then we are never
disappointed because
we stop searching for it
in a place where is not.



Love first has to happen
in the deepest core of
your being. It is the
quality of being alone,
joyously alone.

A watercolor illustration of a plant with various leaves and a flower. The leaves are in shades of purple, teal, and pink, with some showing detailed vein patterns. A single purple flower with a yellow center is visible. The background is a soft, light purple and pink wash with scattered circular bokeh effects in shades of pink and purple.

You don't go around chasing love, you sit back and become love. You spread love wherever you go in whatever you do. You let love guide your true north.



How nice it is when you notice love in its purest form, knowing that they don't expect anything from you. That they simply love you for you, for who you are.



Expectations come
from the mind, the
heart has no
expectations.

To love somebody is to
let them be who they
are, and do what they
have to do.

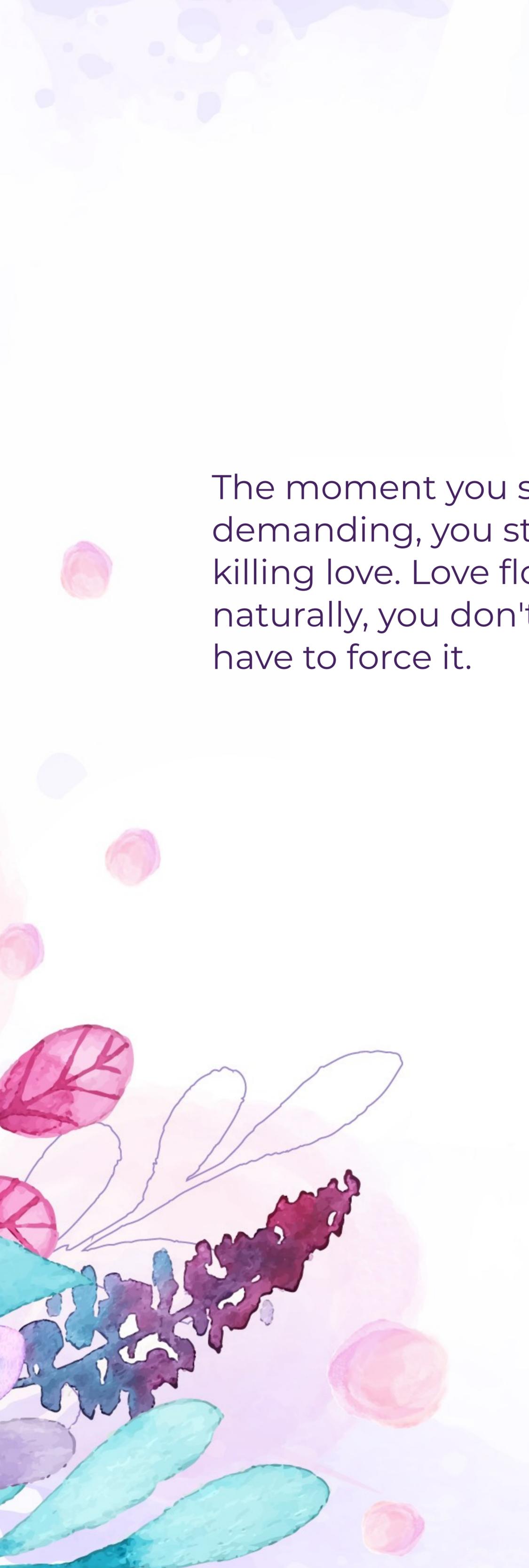


Love is softness,
sweetness, kindness.

Always flowing.

Humbling ourselves
until we are love.



A watercolor illustration on the left side of the page. It features a branch with several leaves and clusters of berries. The leaves are in shades of pink, red, and teal. The berries are small, round, and pinkish-red. The background is a soft, light purple and pink wash.

The moment you start
demanding, you start
killing love. Love flows
naturally, you don't
have to force it.



We will always want more, and more is never enough.

If you desire something that is outside of you, then you will suffer.

And even if you get what you want, it will decay.



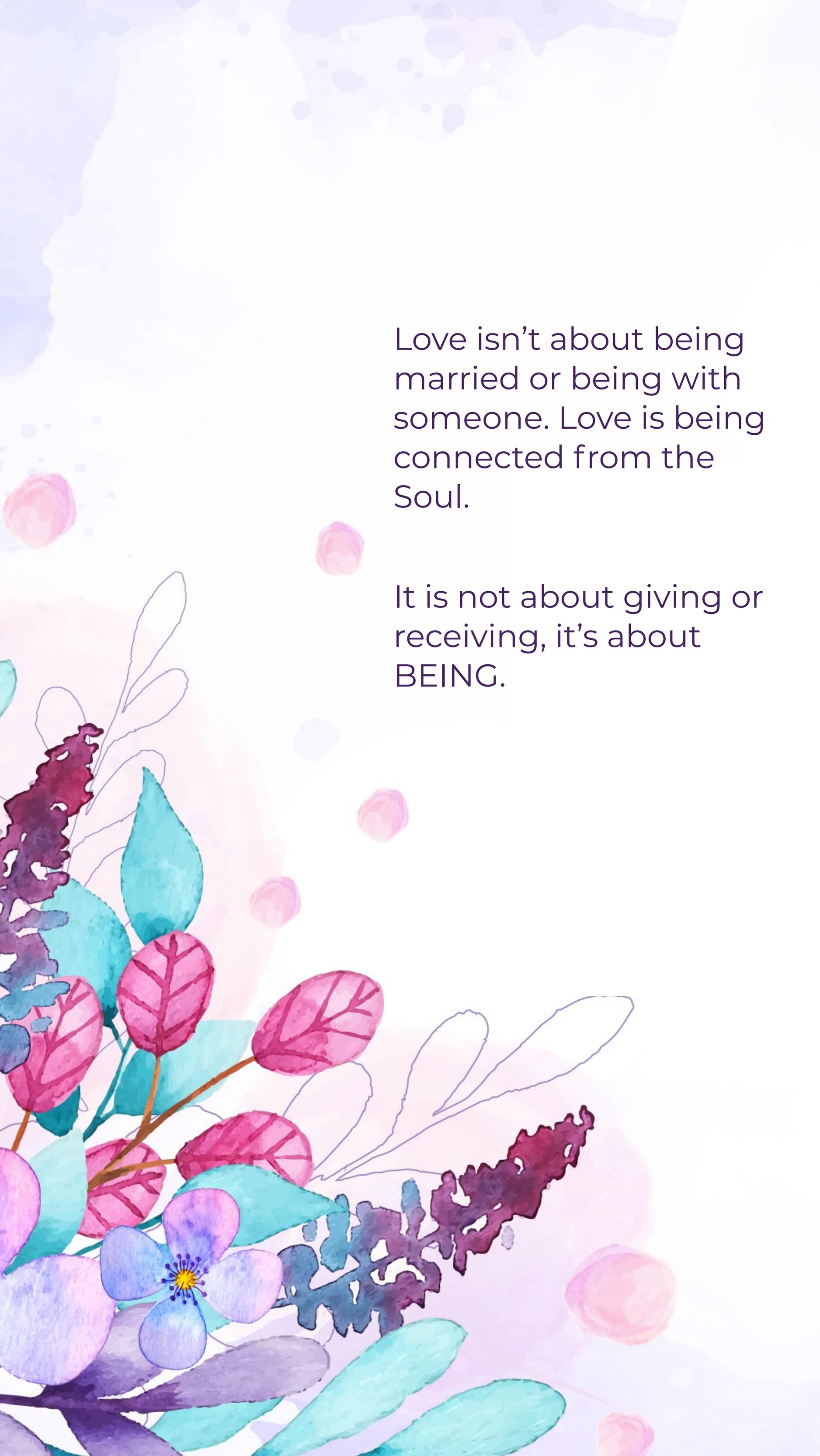
You only notice what you desire. Your entire universe is peopled by the projections of your own desires. Because that is the only thing you notice.



Don't connect to
people from who they
are in the ego. Connect
with them from the
light that lives within
you and within them.



Put every person in
your heart.



Love isn't about being married or being with someone. Love is being connected from the Soul.

It is not about giving or receiving, it's about BEING.

Keep opening your
heart.

Keep trusting.

Keep loving.

Keep surrendering.





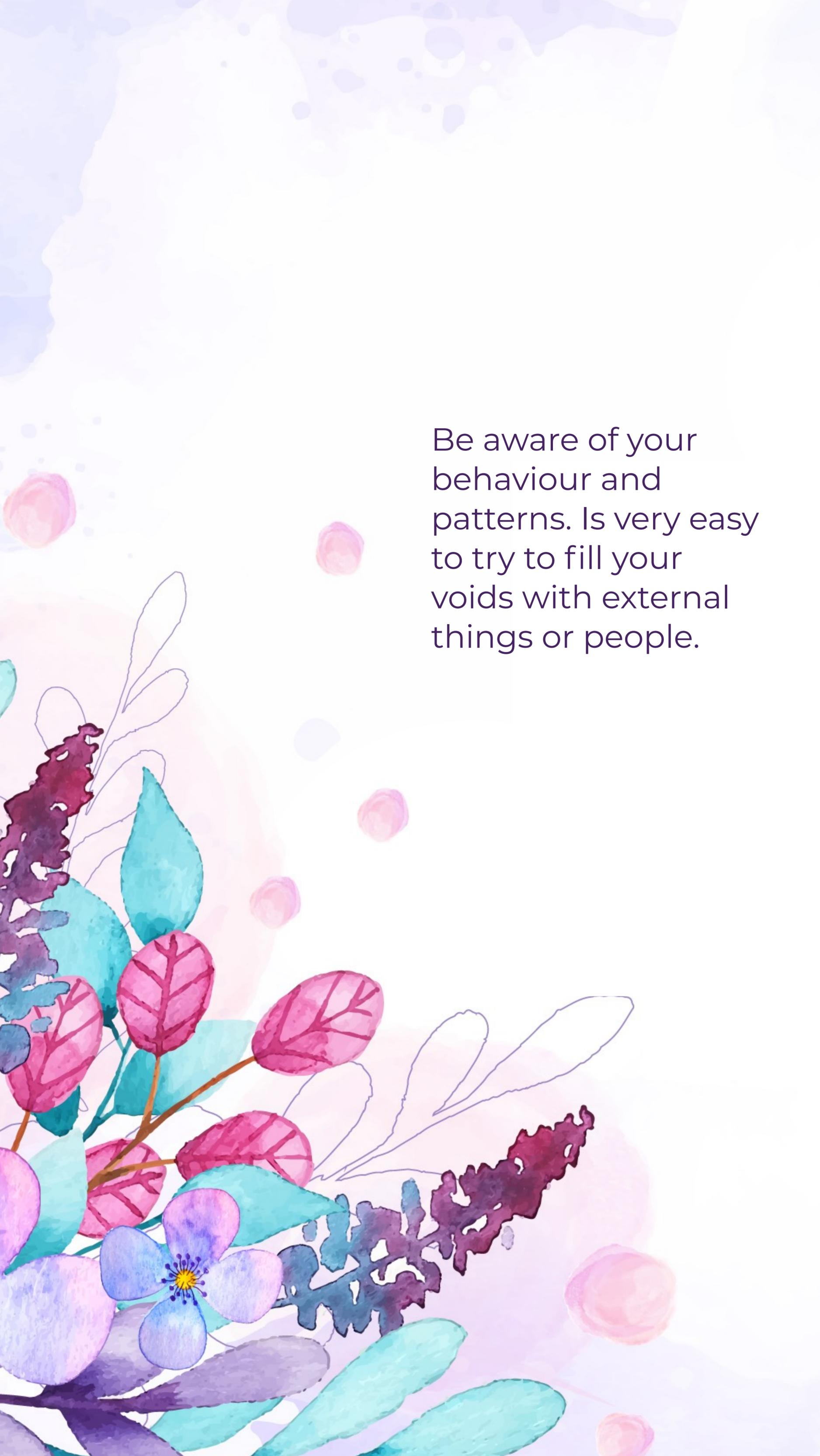
The most important feeling of unconditional love that you have to cultivate is with yourself.

Relationships with others are an extension of the relationship we have with ourselves.





The love we feel
nothing has to do
with the other.



Be aware of your
behaviour and
patterns. Is very easy
to try to fill your
voids with external
things or people.

Quit all expectations.

Forget about the list
of things that a
partner must-have.

If you empty yourself
and feel calm and at
peace when you are
with the other
person, that's it.



And then you know
what love is. It's not
something that can be
understood rationally, it
only can be understood
with the heart, with
intuition.





You have within you more
love than you could ever
understand.

Rumi

Thank you!

I hope that after reading this book, your heart overflows with sweetness.

Please feel free to share it with everyone you love. It has been designed in a mobile format to reach as many people as possible because I firmly believe that we can build a better world if we start with ourselves.

Thank you for helping me spread light.



Created by:

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